

## **MOUNTAINEERING at TEW FALLS, ANCASTER, ON**

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### **To Register/Sign Up:**

Call Agnes at 416-898-3573 or [info@AdventureSeekerTours.com](mailto:info@AdventureSeekerTours.com)

### **Outfitter Contact:**

Should you be running late or need further directions please call: One Axe Pursuits (519) 836-8628.

### **Time, Location and Itinerary**

#### **Time, Location and Curriculum**

This is a three-day program. The first day is indoors and location will be given to you once you register. Day two and three are outdoors. Meeting time is 9:00 am. Plan to arrive 10 minutes early. Course runs until 5:00 p.m. on all three days.

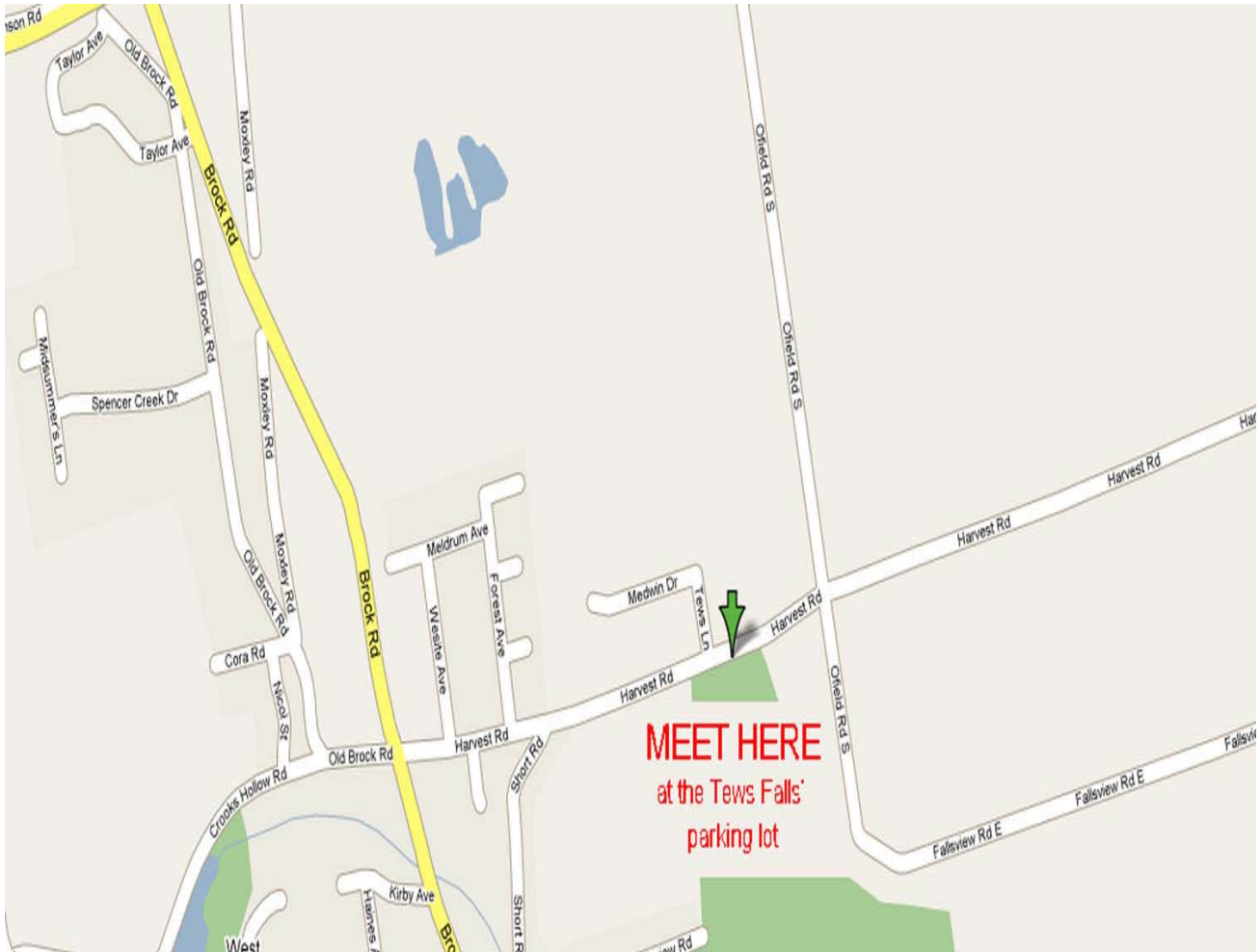
Location is Tews Falls in Ancaster, Ontario.

This program can run as long as there is adequate amount of snow.

General curriculum

Course topics include:

- Mountain Safety
- Acclimatization
- Movement on Snow and Ice
- Crevasse Rescue Techniques
- Route Planning
- Alpine and Climbing Knots
- Orienteering
- Self Arrests
- Snow Anchors
- Ice Anchors
- Whiteout Procedures
- Crampon Use
- Ice Axe Use
- Rope Use on Mixed Terrain
- Understanding Glaciers
- Alpine Terminology
- Expedition versus Alpine Style Climbing Techniques



## Directions to Tews Falls

From Toronto:

- Take the 403 west to Highway 6 North
- Head west on Highway 5 at Clappison's Corners
- Head south on Brock Road
- Head east on Harvest Road
- There is a small parking area on your right with a cedar rail fence and small pay booth.

From Kitchener:

- Take 401 east to Highway 6 South
- Head west on Highway 5 at Clappison's Corners
- Head south on Brock Road
- Head east on Harvest Road
- There is a small parking area on your right with a cedar rail fence and small pay booth.

**Clothing, Equipment and Meals**

We provide all the technical equipment such as helmets, harnesses, boots, crampons, ice axes and other required gear. Wear weather-appropriate clothing. Remember that you will be outside all day and standing around belaying. A down jacket and warm clothing are recommended. Quick dry clothing (polyester or nylon) is recommended. The best system is to layer your clothing. Bring a rain jacket. Hiking boots or plastic boots are appropriate for the day. Pack water, a hot beverage in your thermos and your lunch in a small backpack.

**Waiver**

The guides in charge of this program operate with your safety in mind. However, ice climbing entails a certain degree of danger. Before signing up for the program, you must understand that you assume all responsibility. You will be required to sign a liability waiver before starting the program. If you don't comply with safety guidelines, the guides will have the right to suspend your participation in the program without compensation. Please see your physician if you have any medical problems.

**Payment and Cancellation**

Payment is due in full at the time of reservation. If you cancel your reservation after you have paid, no refund will be issued. However, you can transfer your reservation to another person within one week of the trip departure date. The administrative cost for this is \$25 per person.

**Weather**

The program will only be cancelled if weather conditions are dangerous. Unless you receive a phone call cancelling the program, assume the course will run rain or shine.