

# Adventure Seeker Tours

Office: (416) 898-3573  
www.AdventureSeekerTours.com

Thank you for booking with Adventure Seeker Tours. Your Tour Operator for this trip will be **High Perspective**.

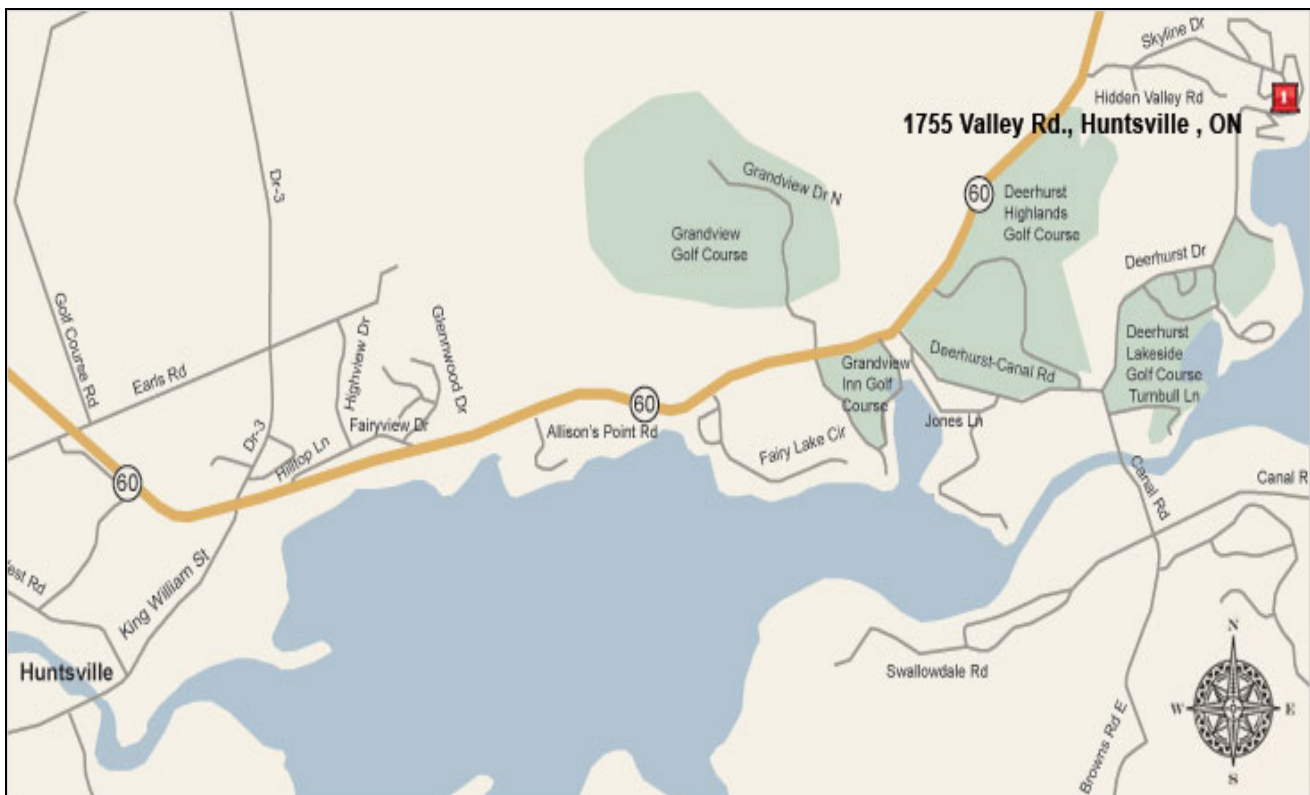
**\*\*IMPORTANT!!\*\* BEFORE LEAVING YOUR HOME or STARTING POINT YOU HAVE TO CALL HIGH PERSPECTIVE TO MAKE SURE YOUR FLIGHT IS STILL ON & WIND / WEATHER CONDITIONS ARE SAFE FOR FLYING CALL HIGH PERSPECTIVE at 1-800-359-9979 or 905-294-2536. Should the weather cause your trip to be cancelled you can reschedule your flight directly with the High Perspective Office as well.**

Please dress for the weather, for your actual flight dress a little heavier than you would as if going for a walk/hike as temperatures fall the higher you fly. We recommend bringing a bathing suit as you may be asked to wear a wet suit. H/P guarantees a minimum of 1000 feet height up to 2000 feet, however the length of your flight will depend on the number of thermals present in the air the day of your trip, however your flight instructor will do what ever possible to make your flight enjoyable.

## **MUSKOKA HANG GLIDING LOCATION:**

**HIDDEN VALLEY RESORT 1755 Valley Rd. , Huntsville , ON P1H 1Z8**

From Toronto Take 400 North, continue on Highway 11 to Highway 60, Huntsville's third exit. Take Hwy 60 East past Huntsville to Hidden Valley Road (about 10-12 minutes from Hwy 11 - DO NOT take Deerhurst Road) and follow the signs to Hidden Valley Resort. We're past the Hotel at the dock by the tennis courts at the bottom of the hill.



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<i>Adventure Seeker Tours</i>	Bike Tour Cycling Trips	Kayaking (Weekday) Trips	Kayaking (Weekend) Trips	Hang-gliding Excursion	<b>“THINGS TO BRING” LIST</b>	Bike Tour Cycling Trips	Kayaking (Weekday) Trips	Kayaking (Weekend) Trips	Hang-gliding Excursion
Toronto, ON M6N 2N9 Office: (416) 898-3573 Fax: (416) 236-7266					Y = Yes / Necessary O = Optional <a href="http://www.AdventureSeekerTours.com">www.AdventureSeekerTours.com</a>				
<b>CLOTHES</b>					<b>EQUIPMENT</b>				
Towel		O	Y		Bagged Lunch	O	O		Y
Wetsuit / Drysuit*		O	O		Pillow, small	O			
Bathing Suit	O	O	O		Whistle	O	O	O	
Good Raincoat/Pants	Y	Y	Y	O	Plate, Cutlery, Cup	O	O		
Hiking Boots*				O	Personal Water Jug 1L minimum	Y	Y	Y	Y
Watershoes/Sandals	O	Y	Y		Camera/Extra Film	Y	Y	Y	Y
Extra Socks	Y	O	O	O	Small Day Pack (Dry Bag)	Y	Y	Y	O
Sun Clothes/Hat	Y	Y	Y	Y	Shorty Wet Suit		O	O	
Camp Pants				Y	Sunscreen/Sunglasses	Y	Y	Y	Y
Sweater(s)	Y	Y	Y	Y	Filled out waiver	Y	Y	Y	
Underclothing	Y	Y	Y		\$ for extra Food/Snacks/Drinks	Y	Y	O	Y
Shorts (non jean)	Y	O	O		Bug Spray/Lotion	Y	O	O	O
Warm Boots/Liners*					Lock for Locker		O	O	
Windproof Jackets/Pants	Y	Y	Y	O	Paddling/cycling gloves	O	O	O	
Warm Mittens, Hat					A Change of Clothes	O	Y	Y	O
					<b>TOILETRIES</b>				
					Face cloth/Wet-naps	O	O	O	O
* For cooler/spring/fall days					Deodorant	O	O	O	O
					Toilet Tissue/Kleenex	O	O	O	O
					Medication/headache tablets	Y	Y	Y	O